

**MET's Institute of Engineering
Bhujbal Knowledge City, Adgaon, Nashik
Department of First Year Engineering**

Name of the program: Activity "Painting"

Date: 03/09/2024

Time: 2.00pm to 4.00pm

Day: Tuesday

Venue:

Coordinator: Dr. R.S. Dhake

Resource Person: Mrs. Deepa Kshirsagar

No. of Participants: 100

Objective of Programme-The painting activity was organized as a creative platform to encourage self-expression, improve artistic skills, and foster relaxation and mindfulness. Participants of all skill levels were invited to explore their creativity through this hands-on activity.

1. To promote creativity and self-expression.
2. To provide a therapeutic and relaxing experience.
3. To encourage collaboration and appreciation of art.
4. To enhance fine motor skills and focus.

The Workshop conducted by **Mrs. Deepa Kshirsagar** she began the activity with a short introduction about painting techniques and the tools provided, including brushes, colors, and canvases. Participants were encouraged to choose their themes or follow prompts such as landscapes, abstract art, or cultural motifs.

Professional artists were available to guide beginners and offer tips to enhance their work. The session lasted for [Insert Duration], during which participants explored various techniques like brushstroke methods, blending colors, and texture creation.

Highlights:

1. The event saw participation from [Insert Number] individuals, ranging from beginners to experienced painters.
2. Many participants shared unique and creative ideas, producing artworks that were later displayed for appreciation.
3. A small competition was held, and awards were given for categories like "Most Creative," "Best Technique," and "Audience Favorite."

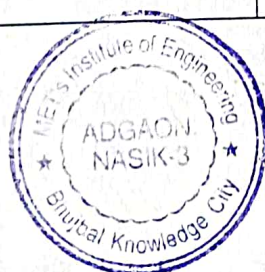
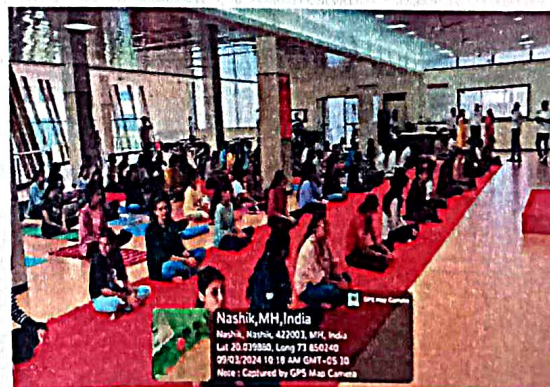
Feedback:

Participants shared positive feedback, appreciating the relaxing and enjoyable nature of the activity. Several attendees mentioned they found the activity to be a stress reliever and expressed interest in participating in similar events in the future.

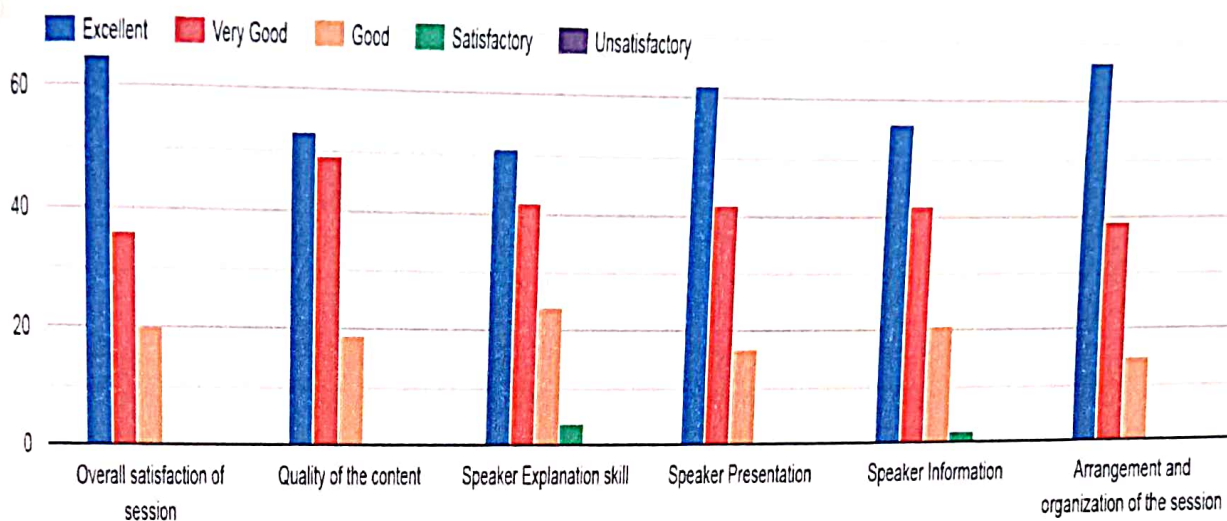
Outcome:

The painting activity successfully achieved its objectives by providing a space for creativity and relaxation. It brought together individuals with diverse artistic abilities and fostered a sense of community and collaboration.



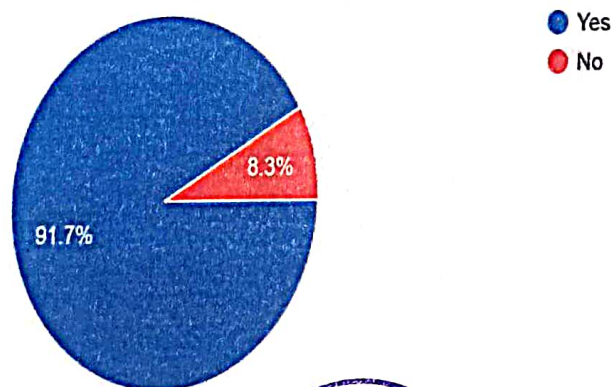


Please rate the quality of the following



Would you like to attend a similar session in the future?

121 responses



Dr. V. S. Khairnar
(FE-Coordinator)

Dr.P.S.Raut
(Coordinator)

Dr. Vijaykumar P. Wani
(Principal-IOE)