

**MET's Institute of Engineering  
Bhujbal Knowledge City, Adgaon, Nashik  
Department of First Year Engineering**

**Name of the program:** Expert Lecture: "Self Reliance and Hidden power within youth"

**Date:** 03/09/2025

**Time:** 12:15PM -01:30PM

**Day:** Wednesday

**Venue:** IOTP-Seminar Hall

**Induction Coordinator:** Dr. R.S. Dhake & Prof. R .D. Rajkuvar

**Activity Coordinator:** Prof .Sneha Pekhale

**Event Coordinator:**  
Prof. Atul Chaudhari  
Prof. Priyanka More  
Prof. Nilesh Ahire

**Resource Person:** Mr. Dattatraya Aher

**No. of Participants:** 110

**Objectives of the Session**

- To inspire students to become self-reliant and confident in their abilities.
- To help youth recognize and channel their inner potential effectively.
- To motivate students to develop a positive attitude and take responsibility for their personal growth.
- To encourage self-awareness, leadership, and resilience among young individuals.

The **First Year Department of MET'S Institute of Engineering Nashik** organized an expert lecture on "*Self-Reliance and Hidden Power Within Youth*" to empower students with insights into self-development and inner strength. The session was conducted by **Mr. Dattatraya Aher** an experienced motivational speaker known for guiding young minds toward achieving excellence and self-confidence.

The speaker began the session by emphasizing the importance of self-reliance in today's competitive world. Through inspiring stories, real-life examples, and motivational thoughts, the lecture highlighted how youth possess immense potential that often remains untapped due to self-doubt and external dependency.

The session also focused on practical ways to build self-belief, manage stress, and cultivate discipline. The speaker encouraged students to set clear goals, take initiative, and trust their inner strength to overcome challenges. The interactive discussion kept the audience engaged and inspired throughout.

**Feedback and Response**

The session received an overwhelmingly positive response from participants. Students appreciated the motivational content and shared that the lecture helped them reflect on their personal goals and mindset. Many expressed that it boosted their confidence and encouraged them to take proactive steps toward self-improvement.

Faculty members praised the session for its relevance, especially in shaping students' character, resilience, and leadership qualities.

**Conclusion**

The expert lecture on "*Self-Reliance and Hidden Power Within Youth*" was a great success. It not only motivated students to believe in their abilities but also inspired them to become more responsible, self-driven, and goal-oriented individuals. The event concluded with an interactive Q&A session and a vote of thanks to the guest speaker for an enlightening and empowering talk.



**DEPARTMENT OF FIRST YEAR ENGINEERING  
INDUCTION PROGRAM 2025**

*Expert Lecture on*  
**SELF RELIANCE  
AND HIDDEN  
POWER  
WITHIN YOUTH**



**Mr. Dattatraya Aher**

- 3rd September 2025, Wednesday
- 12:15PM to 01:30PM
- IOTP - Seminar Hall

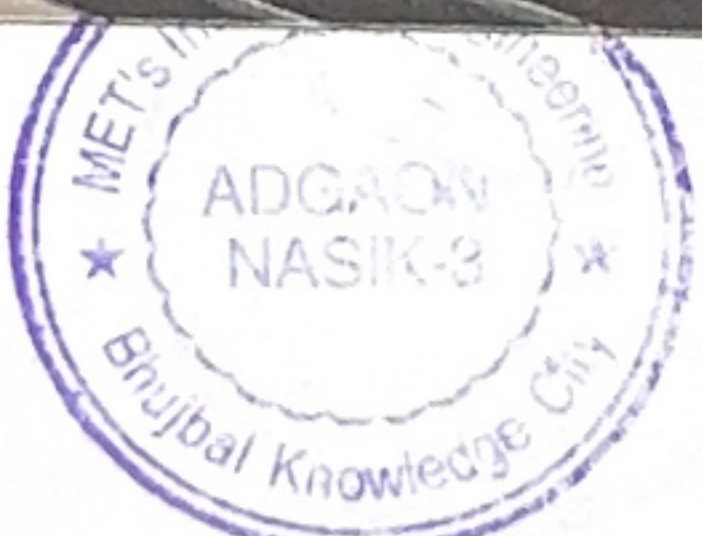


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Engineering**

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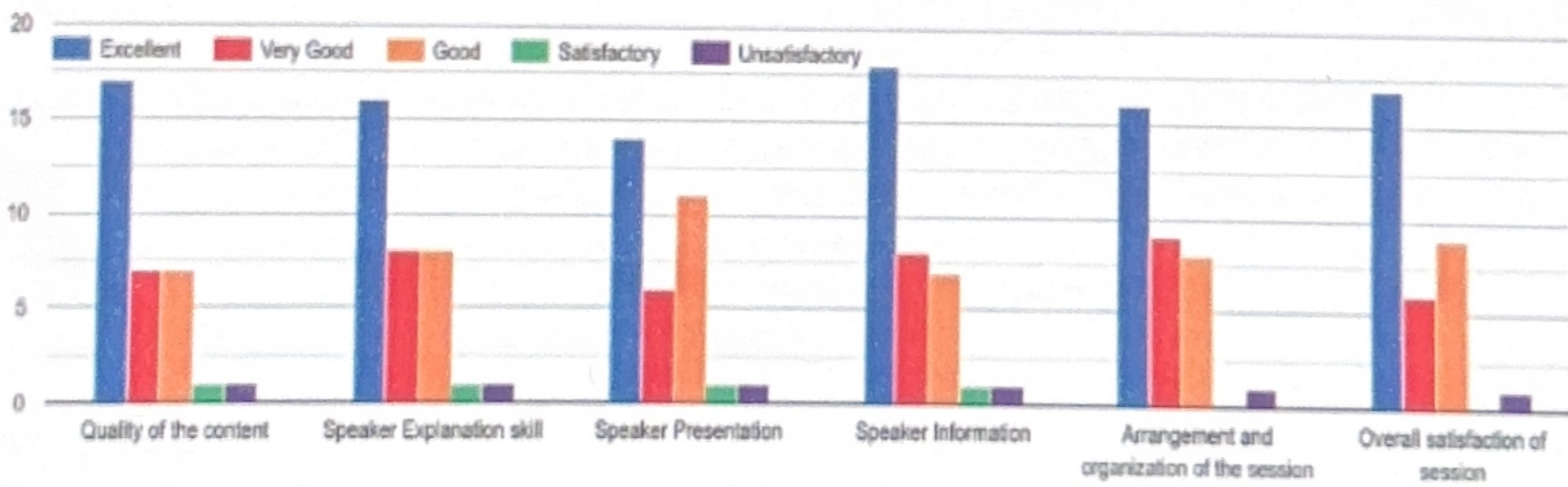


**Felicitation By FE Coordinator Dr. Vinod Khairnar**



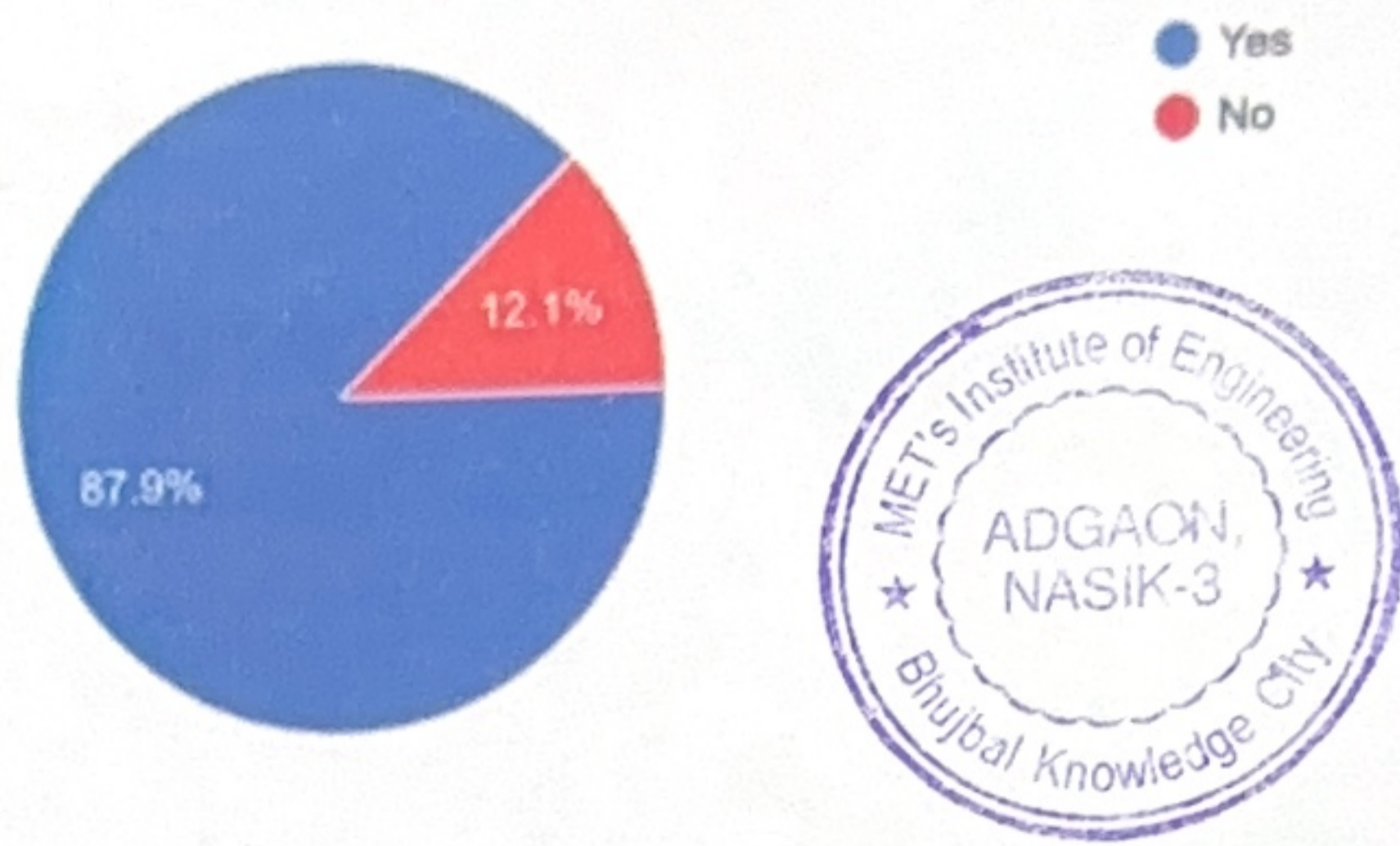


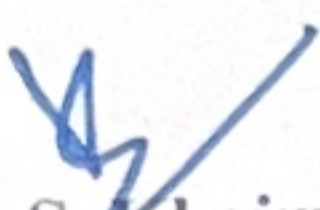
Please rate the quality of the following





Would you like to attend a similar session in the future?

33 responses



  
Dr. V. S. Khairnar  
(FE-Coordinator)

  
Dr. R. S. Dhake  
Prof. R. D. Rajkuvar  
(Coordinator)

  
Dr. Vijaykumar P. Wani  
(Principal-IOE)