

**MET's Institute of Engineering  
Bhujbal Knowledge City, Adgaon, Nashik  
Department of First Year Engineering**

**Name of the program:** Expert Lecture: "Personality Development for youth"

**Date:** 01/09/2025

**Time:** 11:15 to 12.30pm

**Day:** Monday

**Venue:** IOTP-Seminar Hall

**Induction Coordinator:** Dr. R.S. Dhake & Prof. R .D. Rajkuvar

**Activity Coordinator:** Prof .Sneha Pekhale

**Event Coordinator:**

Prof. Jyostna Gore

Prof. Harshal Khainar

**Resource Person:** Dr.V. D. Barve

**No. of Participants:** 110

**Objective of Programmed-**

- To highlight the importance of personality development in career growth and life success.
- To help students understand the key traits of an effective and confident personality.
- To provide practical strategies for improving communication, body language, and attitude.
- To motivate youth to develop positive thinking and self-discipline.

On 1<sup>st</sup> September 2025, First Year Department of MET'S Institute of Engineering Nashik hosted an expert lecture titled " *Personality Development for Youth*" delivered by **Dr. V.D. Barve**. The session aimed to motivate and guide students in developing a well-rounded personality, enhancing their confidence, communication skills, and emotional intelligence to prepare them for future professional and personal challenges.

The speaker began by emphasizing that personality is not merely about appearance but about one's mindset, behavior, and approach toward life. The lecture covered various aspects such as:

- **Self-awareness and confidence building**
- **Effective communication and listening skills**
- **Time management and goal setting**
- **Developing a positive attitude and emotional intelligence**
- **Leadership and teamwork skills**

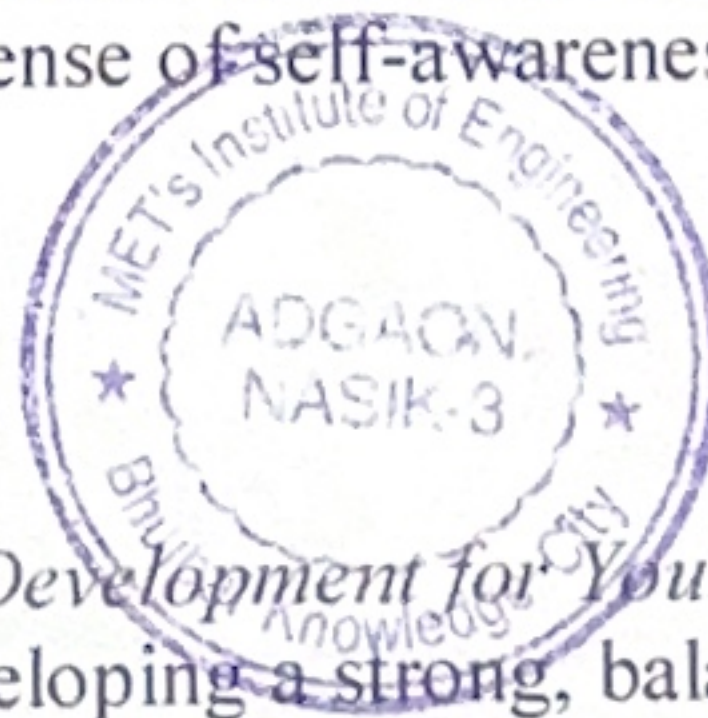
The session was highly interactive, with several real-life examples, motivational anecdotes, and short activities that engaged the participants. The speaker encouraged students to step out of their comfort zones, face challenges with confidence, and continuously work on self-improvement.

**Outcome and Feedback**

Students found the session highly inspiring and practical. They appreciated the speaker's dynamic presentation and the relevance of the content to their personal and academic lives. The lecture successfully instilled a sense of self-awareness and motivated participants to adopt a growth-oriented mindset.

**Conclusion**

The expert lecture on "*Personality Development for Youth*" was an enriching experience for all attendees. It emphasized that developing a strong, balanced, and confident personality is essential for achieving success in today's competitive world. The event concluded with a vote of thanks to the speaker for sharing valuable insights and to the organizing team for conducting such a meaningful session.

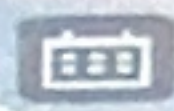


**DEPARTMENT OF FIRST YEAR ENGINEERING  
INDUCTION PROGRAM 2025**

*Expert Lecture on*  
**PERSONALITY  
DEVELOPMENT  
FOR YOUTH**



**Dr. V. D. Barve**



1st September 2025, Monday



12:15PM to 01:30PM



IOTP - Seminar Hall

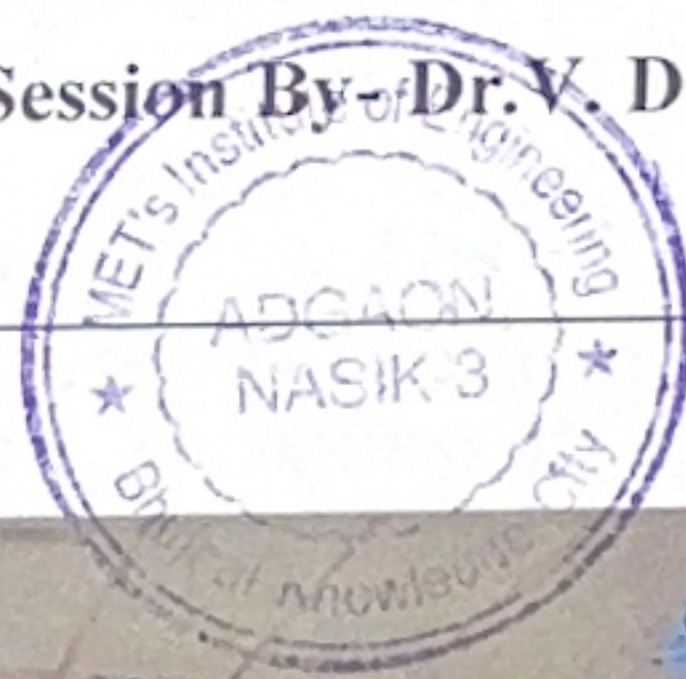


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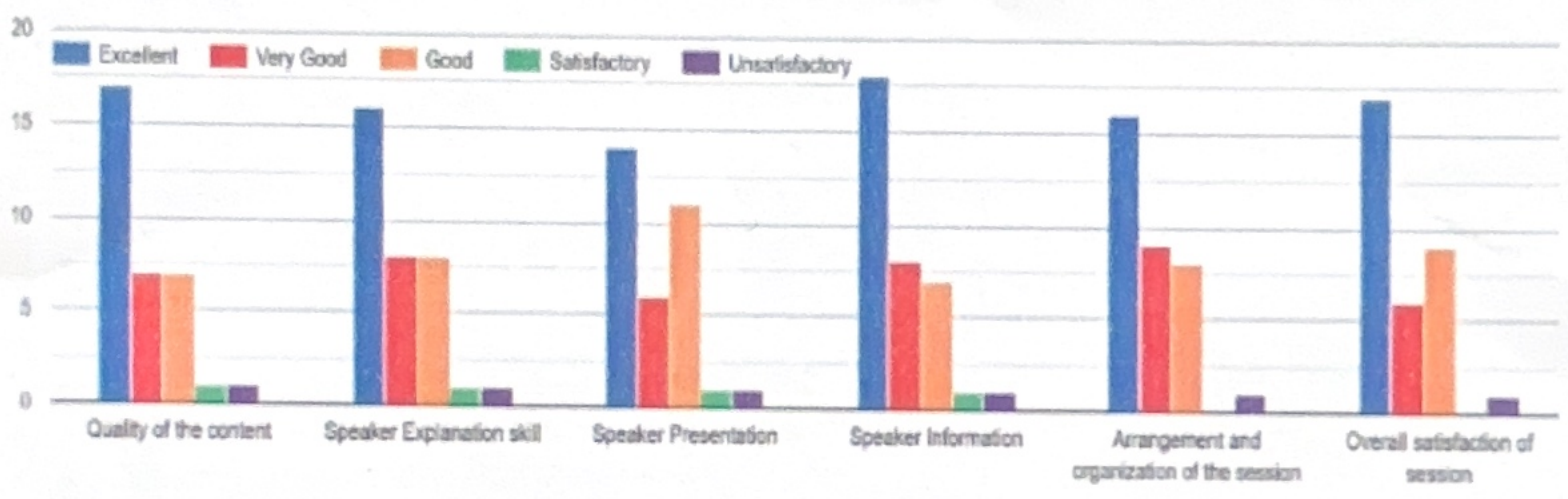


Session By-Dr. V. D. Barve



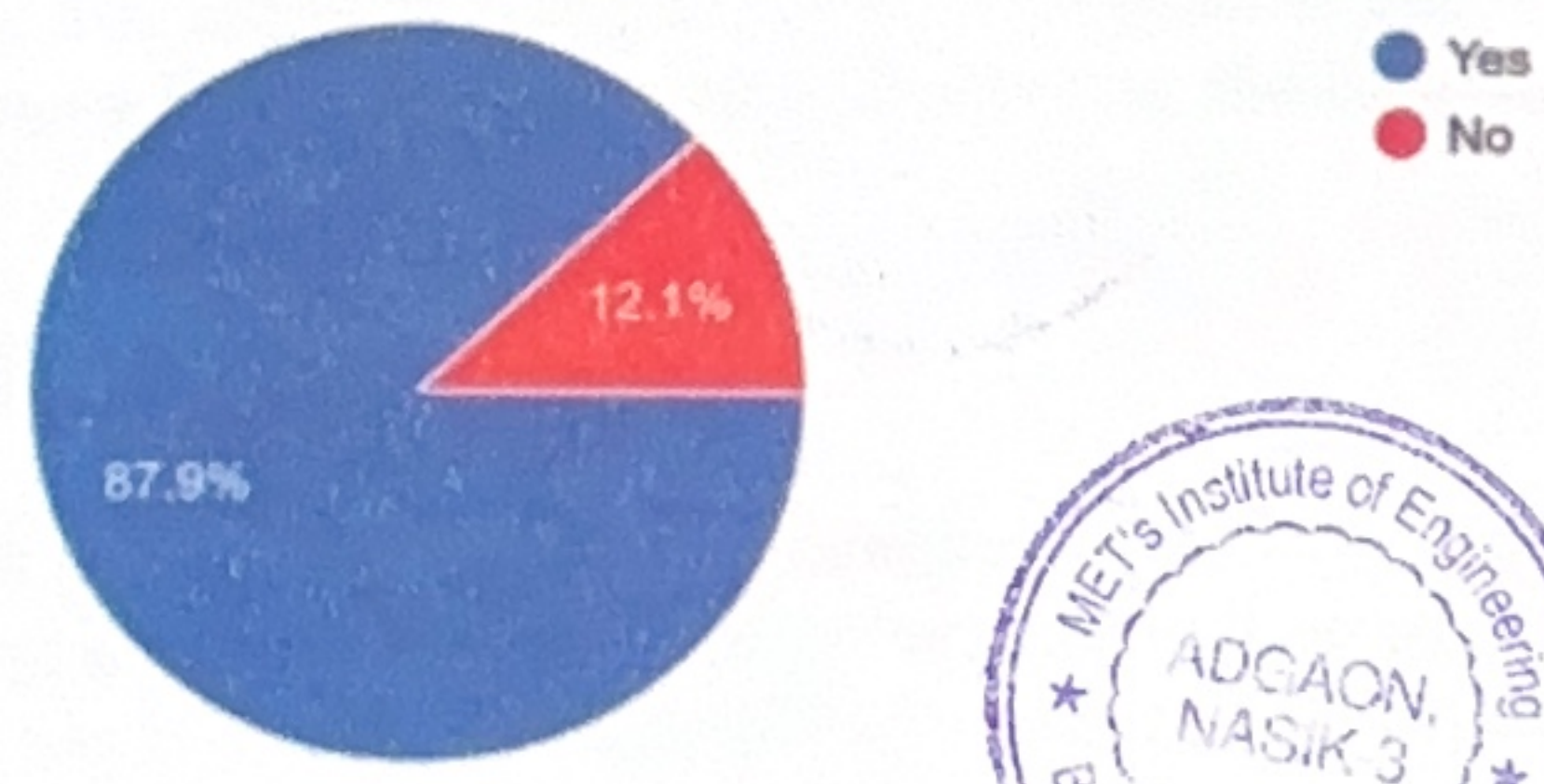


Please rate the quality of the following



Would you like to attend a similar session in the future?

33 responses



*[Signature]*  
 Dr. V. S. Khairnar  
 (FE-Coordinator)

*[Signature]*  
 Dr. R. S. Dhake &  
 Prof. R. D. Rajkuvar  
 (Coordinator)

*[Signature]*  
 Dr. Vijaykumar P. Wani  
 (Principal-IOE)