



**MET's BHUJBAL KNOWLEDGE CITY
INSTITUTE OF ENGINEERING
ADGAON, NASIK -422003**



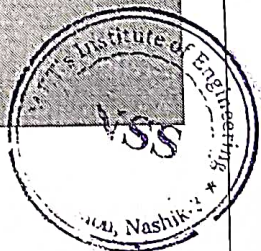
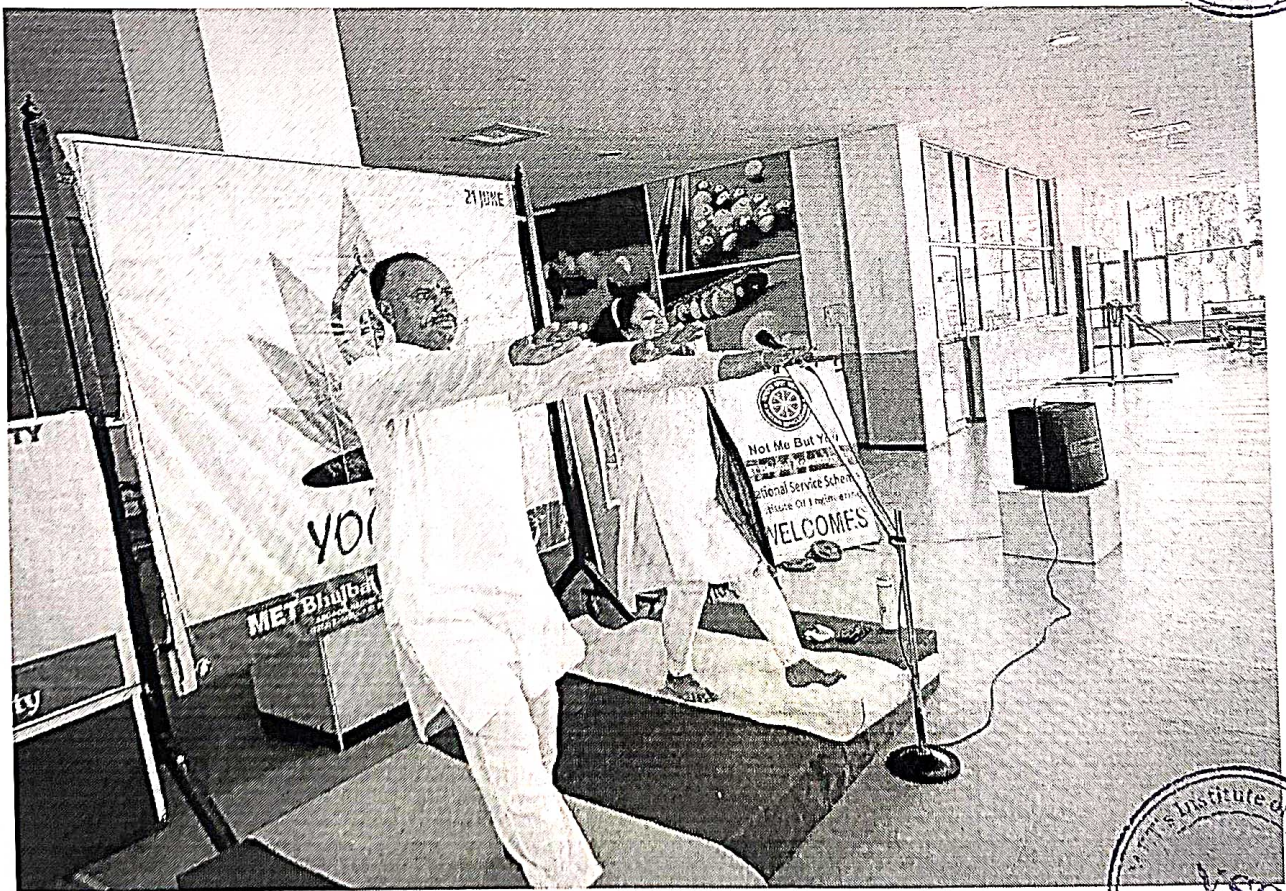
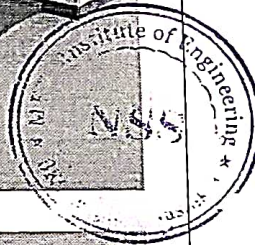
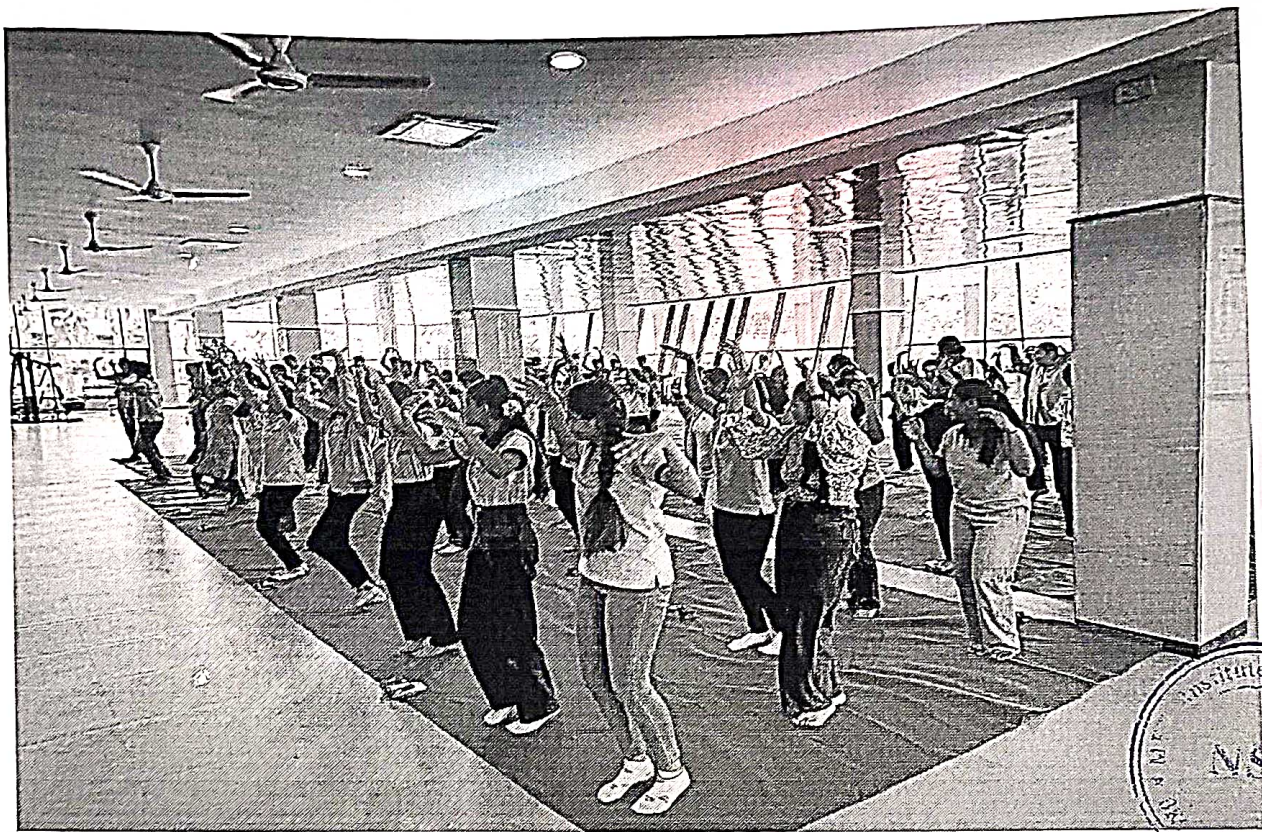
A REPORT

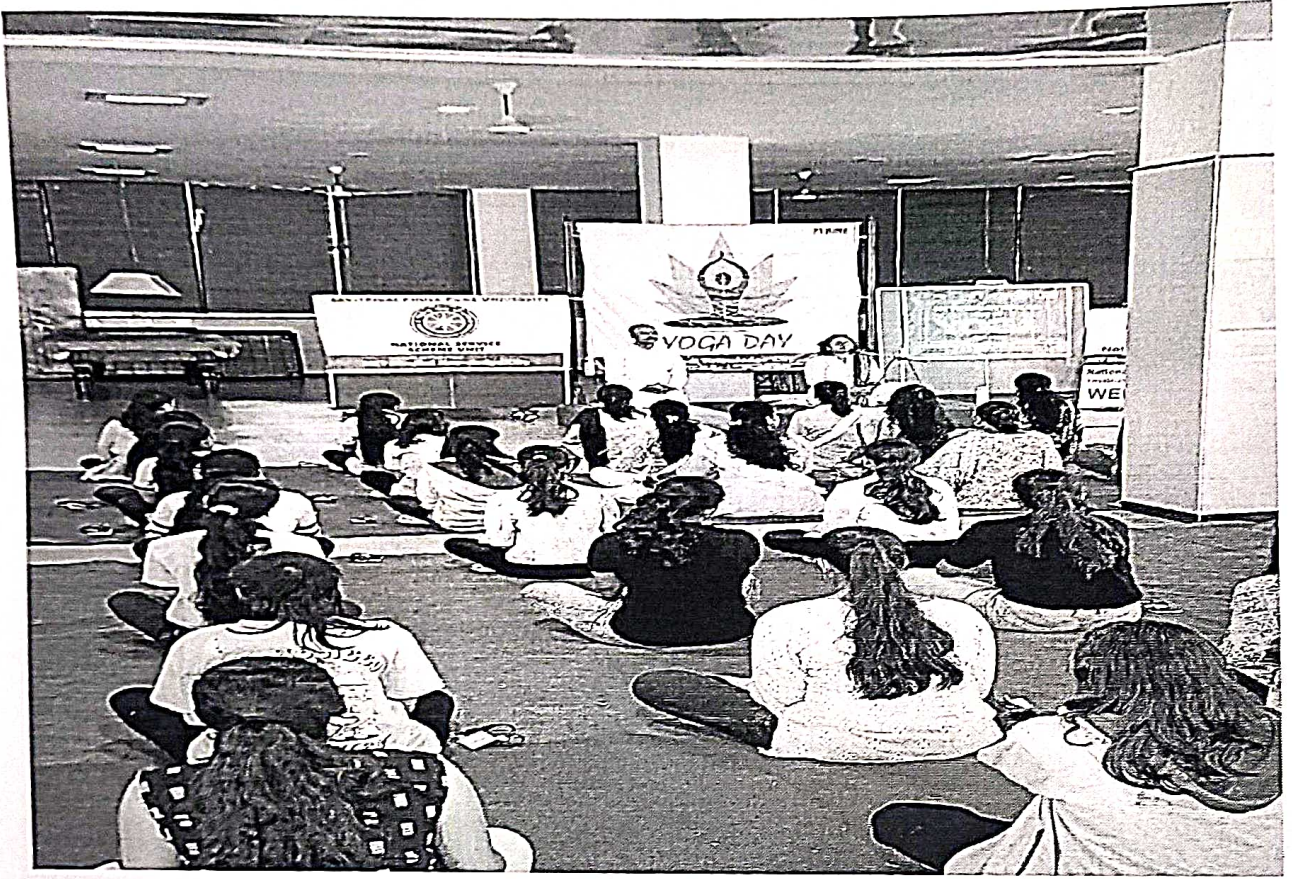
ON

"INTERNATIONAL YOGA DAY 2024 "


Date:21/06/2024

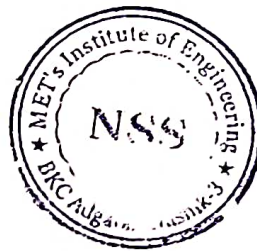
MET's Institute of Engineering, Bhujbal Knowledge City has celebrated International Yoga Day with NSS Unit on 21/06/2024. The resource person for this International Yoga day were Prof. Nitin Sonawane and Prof. Madhuri Pawar at Institute Gymkhana. For this workshop approx. 120 Volunteers were present. The aim of this workshop was (Personality Development and Stress Relief through Sahajayoga and Meditation).






This activity was guided by Dr. V. P. Wani(Principal, MET IOE), Prof. Y. R. Patni (NSS Program Officer), Prof. Ishwar Bathe (NSS Program Officer).


Prof. Y. R. Patni
(NSS Program Officer)




Dr. V. P. Wani
(Principal)